LA PURA

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Sequence: INTRO, A, B, C, D, A, A, B MOD, C, D MOD, ENDING

INTRO

- 1-4 WAIT 2 MEAS; -; TWIST VINE 8; -;
 - 1-2 Wait fc wll & ptr no hnds;-;
 - 3-4 Side L, XRIB of L lowering in knee & snapping fingers trn body to RLOD (W XLIF of R trn body to LOD), side L, XRIF of L lowering & snapping fingers trn body to LOD (W XLIB of R trn body to RLOD); Repeat meas 3 to join lead hnds;

PART A

- 1-4 BASIC; ALEMANA; NAT OPENING OUT WITH CLOSED HIP TWIST; FAN;
 - 1 Rck fwd L, recov R, side L/close R, side L;
 - 2 Rck bck R, recov L, side R/close L, side R (W fwd L prepare R fc trn under lead hnds, fwd R trn sharply R fc to fc ptr, side L/close R, side L to loose CP);
 - Fwd & side L trn body to R lead lady to break bk to SCP, recov R, rck bk L/ recov R, bk L (W bk R to fc wall in SCP, recov L to trn to fc ptr still on his right side, rck fwd R/recov L, fwd R trn 1/2 R fc to fc LOD);
 - 4 Rck bk R, recov L, side R/close L, side R to fc wall (W fwd L trn L fc step bk & side R, bk L/ close R, bk L to end DRW);
- 5-8 PREP TO ALEMANA; AIDA; RCK, RECOV, FWD/LCK, FWD; VINE, 2, SIDE/CLOSE, SIDE;
 - 5 Do first meas of full alemana rck fwd L, recov R, bk L/' close R, bk L keep lead hnds twd LOD with pressure (W close R to L as swivel to fc RLOD, fwd L, fwd R/ close L, fwd R);
 - 6 Thru R (W trns to step thru L as if she were to do the alemana trn), side L, trn to mod bk to bk pos with bk R/ lck LIF of R, bk R free arms up and bk:
 - 7 Rok fwd L, recov R (using hips fwd & bk with circular motion on the rck & recov), fwd L/lck RIB of L, fwd L;
 - 8 Side R, XLIB of R, side R/ close L, side R in BFLY;

PART B

- CLOSE/PT.-.-. (3 SAILORS SHUFFLES) & BEHIND/SIDE; RECOV, X BEHIND/SIDE, RECOV, X BEHIND/SIDE; RECOV/PT.-.-. (3 sailors shuffles)

 X BEHIND/SIDE; RECOV, X BEHIND/SIDE, RECOV, X BEHIND/SIDE;

 1-2 Close L to R / pt R twd RLOD head twd RLOD, hold, hold,
 - (3 sailors shuffles timing 4&1, 2c3, 4&1) XRIB of L, side L; recov R flair L CCW as head goes to LOD, XLIB of R/ side R, recov L flair R CW as head goes to RLOD, XRIB of L/ side L;
 - 3-4 Finish the sailor shuffle recov R/ pt L to LOD head to LOD, hold, hold, XLIB of R/ side R; recov L head to RLOD, XRIB of L/ side L, recov R head to LOD, XLIB of R/ side R;
- 5-8 RECOV/PT,-,-, (3 SAILORS SHUFFLES;-; RECOV/PT,-,-, (2 SAILORS SHUFFLES;-;-;-; PT;
 - 5-8 Repeat meas 1-4 except do two sailors shuffles the last time (421, 223) pt the L to LOD on 4 shake hnds;-;-;-;

PART C

- 1-4 OPEN HIP TWIST: FAN: STOP & GO HOCKEY STICK: -:
 - 1 Rck fwd L, recov R, bckL/ close R, clos L bring R elbow to hip to stop fwd action of W causing her to swivel R fc to fc LOD;
 - 2 Repeat meas 4 part A chg hnds on ct 2:
 - 3 Rck fwd L, recov R, side L/ close R, side L (W close R, fwd L trn L fc under joined hnds, bck R/ close L, bck R);
 - 4 With lead hads still joined like a fence line rck thru R twd LOD, recovL, side R/ close L, side R (W rck bk L bring free arm past fc and extendwith paim out, recov R to trn R fc under arms bring free arm down, bck L/ close R, bck L to orig fan pos);
- 5-8 STOP & GO HOCKEY STICK ;-; HOCKEY STICK TO LOP;-;
 - 5-6 Repeat meas 3-4 except W rck bk R, recov L to commence; -;
 7-8 Rck fwd L, recov R, bk L/close R, bk L (W rck bk R, recov L, fwd R/close L, fwd R to M's L side); Bk R raising L hnd to lead WIF of M, recov L, side R/close L, side R trn 1/4 to fc RLOD (W fwd L commence L fc trn under joined hnds, side k bk R cont L fc trn, side L/close R, side L to LOP fc RLOD);

PART D

- 1-4 NEW YORKER; CRAB WALK; UNWIND, FWD, FWD/LCK, FWD; NEW YORKER;
 - 1 Rck thru L, recov R to fc ptr, sideL/ close R, side L to BFLY; 2 XRIF of L, side L, XRIF of L/ side L, SRIF of L;
 - 3 With no wgt change unwind L fc (WR fc) to fc RLOD LOP, fwd L, fwd R/ lck LIB of R, fwd R;
 - Repeat meas 1:
- 5-8 SPOT TRN; BASIC; CONT DOUBLE CUBANS; -;
 - 5 XR thru twd LOD release had with elbow lead trn L fc (WR fc) to fc RLOD, fwd L cont trn to fc ptr, side R/ close L, side R;
 - 6 Repeat meas 1 of part A to BFLY;
 - 7-8 (Notice timing 1&2&3&4&5&6&7&8 no pause between the cubans)
 XRIF of L/ recov L, side R/ recov L, ARIF of L/ recov L,
 side R/ XLIF of R; recov R/ side L, recov R/ XLIF of R. recov R/
 side L, recov R;

REPEAT PART A

REPEAT PART B MODIFIED

- 1-4 Repeat meas 1-4;-;-;-;
- 5-6 Recov L/ pt R, hold, hold, XRIB or L/ side R; recov R/ pt L, hold, hold, hold:

Omit meas 7-8

REPEAT PART C

REPEAT PART D MODIFIED

- 1-4 Repeat meas 1-4;-;-;-;
- Omit meas 5-6 and repeat meas 7-8 immediately;-;

ENDING

REPEAT PART A MEAS 1-6 FREEZE IN AIDA POS;-;-;-;-;-;-